



NHS Scotland
Directors of Pharmacy



NHS Scotland Formulary of Pre-Labelled Medicines for Unscheduled Care

**Second Edition
September 2012**

FOREWORD

This Second Edition of the NHS Scotland Formulary of Pre-Labelled Medicines for Unscheduled Care has built upon the principles of rationalisation outlined in the 1st Edition and has widened the scope of the document to produce a Formulary containing those pre-labelled medicines that are required in unscheduled care settings. In addition, extensive information on anti-infective prescribing and preparations has been included based on best practice outlined with current HPA Guidance.

This document is a valuable resource for NHS Scotland and should help to standardise practice across Health Boards.

The Working Group is to be congratulated on the work undertaken to review and up-date this guidance and is asked to continue this valuable work in the future.

The Directors of Pharmacy will support the local implementation of this revised Formulary and commend this document to you.

Evelyn McPhail

Chair
Directors of Pharmacy
NHS Scotland

Acknowledgements

The Working Group is indebted to colleagues throughout NHS Scotland who have contributed to revision of this important national document. Their contributions have resulted in a document that reflects current best practice and takes account of differing requirements across NHS Scotland.

APPENDIX 3

Membership of the Working Group

Dr Baxter Millar (Chair)	General Manager	Tayside Pharmaceuticals NHS Tayside
Andrew Stewart (Secretary)	Acting Category Manager	National Procurement NHS National Services Scotland
Stephen Bowhay	Lead Clinical Pharmacist	NHS Greater Glasgow & Clyde
Margaret Dolan	Pharmaceutical Adviser	National Procurement NHS National Services Scotland
Jacqueline Kelland	OOH Pharmacist	NHS Lanarkshire
Dr John McAnaw	Head of Pharmacy	NHS 24
James McDade	Head of Quality Assurance Services	NHS Lothian
Evelyn McPhail	Director of Pharmacy	NHS Fife
Kay Pollock	Deputy Production Manager	Pharmacy Production Unit Western Infirmary Glasgow
Susan Roberts	Pharmacist Team Manager Prescribing Development	NHS Dumfries & Galloway
Margaret Ryan	Lead Clinician Prescribing Services	NHS Greater Glasgow & Clyde
Dr Jacqueline Sneddon	Project Lead	Scottish Antimicrobial Prescribing Group
Dr Marion Storrie	General Practitioner	NHS Lothian
Allan Thomas	Lead Pharmacist – Public Health and Community	NHS Ayrshire & Arran
Margaret Vass	Lead Community Services Pharmacy Technician	NHS Fife

INTRODUCTION

The First Edition of this Formulary was published in September 2009 and for the first time, a document was available that reflected a national approach to the provision of pre-labelled medicines for unscheduled care.

This second edition has built on the approach taken with the First Edition and has widened the scope of the document by:

- representation from the Scottish Ambulance Service and NHS 24;
- expanding the Anti-Infectives section by inclusion of Health Protection Agency evidence-based template for the management of infection;
- taking on board comments from colleagues across NHS Scotland relating to the need for an expanded range of analgesics.

The Working Group was conscious of the large range of different presentations being requested by Health Boards and have rationalised a number of the sections to take account of:

- medicines that are commonly used in emergency situations;
- medicines listed in the First Edition that have not been required;
- national contract arrangements to ensure the particular products listed represent value for money;
- licensed pre-labelled products that are now available;
- standardisation of presentation of pre-labelled medicines both in terms of pack size and labelling.

Compliance with this Formulary will also aid initiatives such as the National Therapeutic Indicators for Primary Care and Quality Indicators for Out-of-Hours Services (Appendix 2).

Finally, it is recognised that the information contained in this document needs to be shared widely across the service and to that end, the document is to be held and circulated electronically.

A review of the Formulary will be undertaken within 2 years and it is therefore important that any omissions or changes in practice are highlighted and communicated to the Chair of this Working Group.

Dr Baxter W. Millar

Chair
Directors of Pharmacy Working Group

APPENDIX 2

Useful Reference Sources

1. Management of Infection Guidance for Primary Care for Consultation and Local Adaptation

British Infection Association and Health Protection Agency (July 2010)

http://www.hpa.org.uk/web/HPAwebFile/HPAweb_C/1279888711402

2. National Therapeutic Indicators

Quality and Efficiency Support Team – Scottish Government Health and Social Care Directorates (March 2012)

[http://www.sehd.scot.nhs.uk/pca/PCA2012\(M\)08report.pdf](http://www.sehd.scot.nhs.uk/pca/PCA2012(M)08report.pdf)

3. Quality Indicators for Primary Care Out-of-Hours Services

Health Improvement Scotland (July 2012)

http://www.healthcareimprovementscotland.org/programmes/primary_care/out-of-hours_services/oo_h_quality_indicators.aspx

PENICILLIN ALLERGY	
Metronidazole Tablets 400mg	Take ONE tablet THREE times a day for 5 days
Clarithromycin Tablets 500mg	Take ONE tablet TWICE a day for 5 days

CONTENTS

<i>BNF Category</i>	<i>Page</i>
Gastro-Intestinal System	8
Cardiovascular System	8
Respiratory System	9
Central Nervous System	9
Anti-Infectives	10
Obstetrics, Gynaecology & Urinary Tract Disorders	13
Musculoskeletal & Joint Disease	13
The Eye	14
Appendix 1 – Management of Infection Guidance for Primary Care	15
Appendix 2 – Useful Reference Sources	23
Appendix 3 – Membership of the Working Group	24
Acknowledgements	25

Gastro-Intestinal System

Drug and presentation

Bisacodyl E/C Tablets 5mg x 4

Dioralyte Sachets x 6

Domperidone Tablets 10mg x 30

Peptac Liquid x 500ml

Hyoscine Butylbromide Tablets 10mg x 10

Laxido Sachets x 20

Loperamide Capsules 2mg x 30

Omeprazole Capsules 20mg x 7

Prochlorperazine Tablets 5mg x 28

Prochlorperazine Buccal Tablets 3mg x 10

Senna Tablets 7.5mg x 60

Senna Syrup 7.5mg/5ml x 150ml

Labelling details

Take as directed

To be taken, dissolved in water, according to the enclosed PIL

Take ONE tablet THREE times a day

Take ml FOUR times a day when required for indigestion

Take ONE tablet FOUR times a day

Take as directed

Take TWO capsules initially, then ONE capsule after each loose stool or as directed

Take ONE capsule in the MORNING

Take ONE tablet THREE times a day

Use tablets TWICE a day

Take TWO tablets at NIGHT

Takeml at BEDTIME as directed

Cardiovascular System

Drug and presentation

Glyceryl Trinitrate Spray 400 micrograms x 75 dose

Labelling details

Spray ONE or TWO metered doses under the tongue as required for chest pain

ORAL CANDIDIASIS

FIRST LINE	
Nystatin Suspension 100,000 units/ml	Use a 1ml dose FOUR times a day

BITES – HUMAN, CAT, DOG

FIRST LINE	
Co-Amoxiclav Tablets 625mg	Take ONE tablet THREE times a day for 7 days
Co-Amoxiclav Suspension 125/31	Giveml THREE times a day for 7 days
Co-Amoxiclav Suspension 250/62	Giveml THREE times a day for 7 days
Co-Amoxiclav Tablets 375mg x 21	Give ONE tablet THREE times a day for 7 days

PENICILLIN ALLERGY - HUMAN

Metronidazole Tablets 400mg PLUS Clarithromycin Tablets 500mg	Take ONE tablet THREE times a day Take ONE tablet TWICE a day for 7 days
---	---

PENICILLIN ALLERGY –ANIMAL or HUMAN

Metronidazole Tablets 400mg PLUS Doxycycline Capsules 100mg	Take ONE tablet THREE times a day for 7 days Take ONE capsule TWICE a day for 7 days
---	---

HERPES SIMPLEX or HERPES ZOSTER

Aciclovir Dispersible Tablets 800mg	Take ONE tablet FIVE times a day for 7 days
Aciclovir Dispersible Tablets 200mg	Give ONE tablet FIVE times a day for 7 days
Aciclovir Dispersible Tablets 400mg	Give ONE tablet FIVE times a day for 7 days

DENTAL ABSCESS

FIRST LINE	
Amoxicillin Capsules 500mg	Take ONE capsule THREE times a day for 5 days
Amoxicillin Syrup 125mg/5ml	Giveml THREE times a day for 5 days
Amoxicillin Syrup 250mg/5ml	Giveml THREE times a day for 5 days
Amoxicillin Capsules 250mg	Give ONE capsule THREE times a day for 5 days

ACUTE PROSTATITIS

FIRST LINE	
Ciprofloxacin Tablets 500mg	Take ONE tablet TWICE a day for 28 days
Ofloxacin Tablets 200mg	Take ONE tablet TWICE a day for 28 days
SECOND LINE	
Trimethoprim Tablets 200mg	Take ONE tablet TWICE a day for 28 days

Skin and Soft Tissue Infections

CELLULITIS & INFECTED LEG ULCERS

FIRST LINE	
Flucloxacillin Capsules 500mg	Take ONE capsule FOUR times a day for 7 days
Flucloxacillin Syrup 125mg/5ml	Giveml FOUR times a day for 7 days
Flucloxacillin Syrup 250mg/5ml	Giveml FOUR times a day for 7 days
Flucloxacillin Capsules 250mg x 28	Take ONE capsule FOUR times a day for 7 days
PENICILLIN ALLERGY	
Clarithromycin Tablets 500mg	Take ONE tablet TWICE a day for 7 days
Clarithromycin Suspension 125mg/5ml	Giveml TWICE a day for 7 days
Clarithromycin Tablets 250mg	Give ONE tablet TWICE a day for 7 days
Erythromycin Tablets 250mg	Take TWO tablets FOUR times a day for 7 days
Erythromycin Tablets 250mg	Give ONE tablet FOUR times a day for 7 days
Erythromycin Suspension S/F 125mg/5ml Under 2 years	Giveml FOUR times a day for 7 days
Erythromycin Suspension S/F 250mg/5ml Over 2 years	Give ml FOUR times a day for 7 days

FACIAL CELLULITIS

Co-Amoxiclav Tablets 625mg	Take ONE tablet THREE times a day for 7 days
Co-Amoxiclav Suspension 125/31	Giveml THREE times a day for 7 days
Co-Amoxiclav Suspension 250/62	Giveml THREE times a day for 7 days
Co-Amoxiclav Tablets 375mg	Give ONE tablet THREE times a day for 7 days

Respiratory System

Drug and presentation

Cetirizine Tablets 10mg x 30

Chlorphenamine Tablets 4mg x 28

Chlorphenamine Syrup 2mg/5ml x 150ml

Prednisolone Tablets 5mg x 28

Prednisolone Soluble Tablets 5mg x 30

Salbutamol Inhaler 100 micrograms x 1

Labelling details

Take ONE tablet in the MORNING

Take ONE tablet every 4 to 6 hours when required

Giveml times a day

Taketablet(s) in the MORNING for days

Give/Take tablets in the MORNING fordays

Inhale puffs via spacer as directed

Central Nervous System

Drug and presentation

Co-Codamol Tablets 30/500 x 30

Diazepam Tablets 2mg x 6

Diazepam Tablets 5mg x 6

Paracetamol Tablets 500mg x 32

Paracetamol Susp S/F 120mg/5ml x 100ml

Paracetamol Susp S/F 250mg/5ml x 100ml

Sumatriptan Tablets 50mg x 6

Tramadol Capsules 50mg x 30

Labelling details

Take ONE or TWO tablets every 4 to 6 hours as required for pain relief

Take as directed

Take as directed

Take TWO tablets every 4 to 6 hours as required for pain relief

Give.....ml every 4 to 6 hours as required for pain relief

Give.....ml every 4 to 6 hours as required for pain relief

Take as directed

Take tablet(s) every SIX hours as required for pain relief

Anti-Infectives

All local primary care policies in NHS Scotland are based on the Health Protection Agency evidence-based template for management of infection (see Appendix 2). The template allows some local variation in antibiotic choice therefore prescribers should follow guidance in their local NHS Board Policy.

Key points when prescribing an antibiotic:

Prescribe an antibiotic only when there is likely to be a clear clinical benefit and consider a no, or delayed, antibiotic strategy for acute self-limiting upper respiratory tract infections.

Avoid broad spectrum antibiotics (e.g. co-amoxiclav, quinolones and cephalosporins) as they increase risk of *Clostridium difficile*, MRSA and UTIs due to resistant organisms.

Recommended adult dose of amoxicillin, erythromycin, flucloxacillin and penicillin V is 500mg.

Drug and presentation

Labelling details

Aciclovir Dispersible Tablets 200mg x 25	Take ONE tablet FIVE times a day
Aciclovir Dispersible Tablets 400mg x 56	Take ONE tablet times a day
Aciclovir Dispersible Tablets 800mg x 35	Take ONE tablet FIVE times a day
Amoxicillin Capsules 250mg x 15	Give/ Take ONE capsule THREE times a day
Amoxicillin Capsules 250mg x 21	Give/ Take ONE capsule THREE times a day
Amoxicillin Capsules 500mg x 15	Take ONE capsule THREE times a day
Amoxicillin Capsules 500mg x 21	Take ONE capsule THREE times a day
Amoxicillin Syrup 125mg/5ml x 100ml	Giveml THREE times a day fordays
Amoxicillin Syrup 250mg/5ml x 100ml	Giveml THREE times a day fordays
Azithromycin Tablets 250mg x 4	Take FOUR tablets as a single dose
Azithromycin Suspension 200mg/5ml x 15ml	Giveml ONCE daily for 3 days
Cefalexin Capsules 500mg x 14 <i>N.B. only indicated for UTI in pregnancy</i>	Take ONE capsule TWICE a day

UTI IN CHILDREN

FIRST LINE	
Nitrofurantoin Suspension 25mg/5ml	Giveml FOUR times a day for 3 days
SECOND LINE	
Trimethoprim Suspension 50mg/5ml	Giveml TWICE a day for 3 days
Cefalexin Suspension 125mg/5ml	Giveml THREE times a day for 3 days
Cefalexin Suspension 250mg/5ml	Giveml THREE times a day for 3 days

ACUTE PYELONEPHRITIS

FIRST LINE	
Ciprofloxacin Tablets 500mg	Take ONE tablet TWICE a day for 7 days
Co-Amoxiclav Tablets 625mg	Take ONE tablet THREE times a day for 14 days
SECOND LINE	
Trimethoprim Tablets 200mg	Take ONE tablet TWICE a day for 14 days
Co-trimoxazole Tablets 480mg	Take TWO tablets TWICE a day for 14 days

Genital Tract Infections

UNCOMPLICATED CHLAMYDIA

FIRST LINE	
Azithromycin Capsules 250mg	Take FOUR capsules as a single dose
SECOND LINE	
Doxycycline Capsules 100mg x 14	Take ONE capsule TWICE a day for 7 days

PELVIC INFLAMMATORY DISEASE

Ofloxacin Tablets 400mg PLUS Metronidazole Tablets 400mg	Take ONE tablet TWICE a day for 14 days Take ONE tablet TWICE a day for 14 days
--	--

MENINGITIS - Prevention of secondary cases

ADULTS AND CHILDREN OVER 12 YEARS	
Ciprofloxacin Tablets 500mg x 1	Take ONE tablet as a single dose
CHILDREN 5-12 YEARS and 1 MONTH-4 YEARS	
Ciprofloxacin Tablets 250mg x 2	Give tablet(s) as a single dose

Urinary Tract Infections

LOWER UTI IN WOMEN

FIRST LINE (Second line guided by urine culture)	
Trimethoprim Tablets 200mg	Take ONE tablet TWICE a day for THREE days
Nitrofurantoin Tablets 50mg	Take ONE tablet FOUR times daily for 3 days
Nitrofurantoin M/R Capsules 100mg	Take ONE capsule TWICE a day for 3 days

LOWER UTI IN MEN

FIRST LINE (Second line guided by urine culture)	
Trimethoprim Tablets 200mg	Take ONE tablet TWICE a day for 7 days
Nitrofurantoin Tablets 50mg	Take ONE tablet FOUR times daily for 7 days
Nitrofurantoin M/R Capsules 100mg	Take ONE capsule TWICE a day for 7days

UTI IN PREGNANCY

FIRST LINE	
Nitrofurantoin Tablets 50mg	Take ONE tablet FOUR times daily for 7 days
Nitrofurantoin M/R Capsules 100mg	Take ONE capsule TWICE a day for 7days
SECOND LINE	
Trimethoprim Tablets 200mg	Take ONE tablet TWICE a day for 7 days
Cefalexin Capsules 500mg	Take ONE capsule TWICE a day for 7 days

Cefalexin Suspension 125mg/5ml x 100ml
N.B. only indicated for UTI

Giveml THREE times a day fordays

Cefalexin Suspension 250mg/5ml x 100ml
N.B. only indicated for UTI

Giveml THREE times a day fordays

Ciprofloxacin Tablets 500mg x 14
N.B. only indicated for acute pyelonephritis

Take ONE tablet TWICE a day

Ciprofloxacin Tablets 500mg x 56
N.B. only indicated for acute prostatitis

Take ONE tablet TWICE a day

Ciprofloxacin Tablets 500mg x 1

Take ONE tablet as a single dose

Ciprofloxacin Tablets 250mg x 2

Give tablet(s) as a single dose

Clarithromycin Tablets 250mg x 10

Take ONE tablet TWICE a day

Clarithromycin Tablets 250mg x 14

Take ONE tablet TWICE a day

Clarithromycin Tablets 500mg x 10

Take ONE tablet TWICE a day

Clarithromycin Tablets 500mg x 14

Take ONE tablet TWICE a day

Clarithromycin Suspension 125mg/5ml x 100ml

Giveml TWICE a day fordays

Co-Amoxiclav Tablets 375mg x 15

Take ONE tablet THREE times a day

Co-Amoxiclav Tablets 375mg x 21

Take ONE tablet THREE times a day

Co-Amoxiclav Tablets 625mg x 15

Take ONE tablet THREE times a day

Co-Amoxiclav Tablets 625mg x 21

Take ONE tablet THREE times a day

Co-Amoxiclav Suspension 125/31 x 100ml

Giveml THREE times a day fordays

Co-Amoxiclav Suspension 250/62 x 100ml

Giveml THREE times a day fordays

Co-Amoxiclav Duo Suspension 400/57 x 35ml

Giveml TWICE a day fordays

Co-Amoxiclav Duo Suspension 400/57 x 70ml

Giveml TWICE a day fordays

Co-Trimoxazole Tablets 480mg x 28

Take TWO tablets TWICE a day

Doxycycline Capsules 100mg x 8

Take TWO capsules on first day then take ONE capsule daily fordays

Doxycycline Capsules 100mg x 14	Take ONE capsule TWICE daily
Erythromycin Tablets 250mg x 20	Take ONE tablet FOUR times a day
Erythromycin Tablets 250mg x 28	Take ONE tablet FOUR times a day
Erythromycin Tablets 250mg x 40	Take TWO tablets FOUR times a day
Erythromycin Tablets 250mg x 56	Take TWO tablets FOUR times a day
Erythromycin Suspension S/F 125mg/5ml x 100ml	Giveml FOUR times a day fordays
Erythromycin Suspension S/F 250mg/5ml x 100ml	Giveml FOUR times a day fordays
Flucloxacillin Capsules 250mg x 28	Give/Take ONE capsule FOUR times a day
Flucloxacillin Capsules 500mg x 28	Take capsule(s) FOUR times a day
Flucloxacillin Syrup 125mg/5ml x 100ml	Giveml FOUR times a day fordays
Flucloxacillin Syrup 250mg/5ml x 100ml	Giveml FOUR times a day fordays
Metronidazole Tablets 200mg x 21	Take ONE tablet THREE times a day
Metronidazole Tablets 400mg x 28 <i>N.B. only indicated for pelvic inflammatory disease</i>	Take ONE tablet TWICE a day
Metronidazole Tablets 400mg x 15	Take ONE tablet THREE times a day
Metronidazole Tablets 400mg x 21	Take ONE tablet THREE times a day
Nitrofurantoin Tablets 50mg x 12	Take ONE tablet FOUR times daily
Nitrofurantoin Tablets 50mg x 28	Take ONE tablet FOUR times daily
Nitrofurantoin M/R Capsules 100mg x 6	Take ONE capsule TWICE a day
Nitrofurantoin M/R Capsules 100mg x 14	Take ONE capsule TWICE a day
Nitrofurantoin Suspension 25mg/5ml x 50ml	Giveml FOUR times daily for days
Nystatin Suspension 100,000 units/ml x 30ml	Use a 1ml dose FOUR times a day
Ofloxacin Tablets 200mg x 56	Take ONE tablet TWICE a day
Ofloxacin Tablets 400mg x 28	Take ONE tablet TWICE a day

Lower Respiratory Tract Infections

ACUTE COUGH/ BRONCHITIS

FIRST LINE	
Amoxicillin Capsules 500mg	Take ONE capsule THREE times a day for 5 days
SECOND LINE	
Doxycycline Capsules 100mg	Take TWO capsules on the first day then ONE capsule a day for a further 4 days
Erythromycin Tablets 250mg	Take TWO tablets FOUR times a day for 5 days

ACUTE EXACERBATION OF COPD

FIRST LINE	
Amoxicillin Capsules 500mg	Take ONE capsule THREE times a day for 5 days
SECOND LINE	
Doxycycline Capsules 100mg	Take TWO capsules on the first day then ONE capsule a day for a further 4 days
Clarithromycin Tablets 500mg	Take ONE tablet TWICE a day for 5 days
Erythromycin Tablets 250mg	Take TWO tablets FOUR times a day for 5 days
RESISTANCE RISK FACTORS	
Co-Amoxiclav Tablets 625mg	Take ONE tablet THREE times a day for 5 days

COMMUNITY ACQUIRED PNEUMONIA

Use CRB65 score to help guide and review: Each of the following scores 1:
Confusion (AMT<8); **R**espiratory rate >30/min; **B**P systolic <90 or diastolic ≤ 60;

- Score 0: suitable for home treatment;
- Score 1-2: hospital assessment or admission
- Score 3-4: urgent hospital admission

FIRST LINE	
Amoxicillin Capsules 500mg	Take ONE capsule THREE times a day for 7 days
SECOND LINE	
Doxycycline Capsules 100mg	Take TWO capsules on the first day then ONE capsule a day for a further 6 days
Clarithromycin Tablets 500mg	Take ONE tablet TWICE a day for 7 days
Erythromycin Tablets 250mg	Take TWO tablets FOUR times a day for 7 days

ACUTE OTITIS MEDIA

FIRST LINE	
Amoxicillin Syrup 125mg/5ml	Giveml THREE times a day for 5 days
Amoxicillin Syrup 250mg/5ml	Giveml THREE times a day for 5 days
Amoxicillin Capsules 250mg	Give ONE capsule THREE times a day for 5 days
PENICILLIN ALLERGY	
Clarithromycin Suspension 125mg/5ml	Giveml TWICE a day for 5 days
Clarithromycin Tablets 250mg	Give ONE tablet TWICE a day for 5 days
Erythromycin Suspension S/F 125mg/5ml Under 2 years	Give ONE ml FOUR times a day for 5 days
Erythromycin Suspension S/F 250mg/5ml Over 2 years	Give ONE ml FOUR times a day for 5 days
Erythromycin Tablets 250mg	Give ONE tablet FOUR times a day for 5 days
Azithromycin Suspension 200mg/5ml	Giveml ONCE daily for 3 days

ACUTE RHINOSINUSITIS

FIRST LINE	
Amoxicillin Capsules 500mg	Take ONE capsule THREE times a day for 7 days
SECOND LINE	
Doxycycline Capsules 100mg	Take TWO capsules on the first day then ONE capsule a day for a further 6 days
Erythromycin Tablets 250mg	Take TWO tablets FOUR times a day for 7 days
PERSISTENT SYMPTOMS	
Co-Amoxiclav Tablets 625mg	Take ONE tablet THREE times a day for 7 days

Penicillin V Tablets 250mg x 28

Give/Take ONE tablet FOUR times a day

Penicillin V Tablets 250mg x 40

Give/Take ONE tablet FOUR times a day

Penicillin V Tablets 250mg x 56

Take TWO tablets FOUR times a day

Penicillin V Solution 125mg/5ml x 100ml

Giveml FOUR times a day fordays

Penicillin V Solution 250mg/5ml x 100ml

Giveml FOUR times a day fordays

Trimethoprim Tablets 200mg x 6

Take ONE tablet TWICE a day

Trimethoprim Tablets 200mg x 14

Take ONE tablet TWICE a day

Trimethoprim Suspension 50mg/5ml x 100ml

Giveml TWICE a day for days

Obstetrics, Gynaecology & Urinary Tract Disorders

Drug and presentation

Labelling details

Clotrimazole Cream 1% x 20g

Apply sparingly as directed

Clotrimazole Pessary 500mg x 1

Insert ONE pessary into the vagina at NIGHT as directed

Levonelle 1500 Tablet x 1

Take tablet as soon as possible, preferably within 12 hours, but no later than 72 hours after unprotected sex

Musculoskeletal & Joint Disease

Drug and presentation

Labelling details

Diclofenac Sodium Tablets 50mg x 28

Take ONE tablet THREE times a day

Ibuprofen Tablets 400mg x 24

Take ONE tablet every 4 to 6 hours as required for pain relief

Ibuprofen Syrup 100mg/5ml x 100ml

Give ml times a day as required for pain relief

The Eye

Drug and presentation

Aciclovir Eye Ointment x 4.5g

Chloramphenicol Eye Drops 0.5% x 10ml

Chloramphenicol Eye Ointment 1% x 4g

Fucithalamic Viscous Eye Drops 1% x 5g

Labelling details

Apply into the LEFT/RIGHT eye 5 times a day

Put 2 drops.... times a day into the eye(s)

Apply.....times a day into theeye(s)

Put 1 drop TWICE a day into eye(s)

APPENDIX 1

MANAGEMENT OF INFECTION GUIDANCE FOR PRIMARY CARE

Extract from HPA template http://www.hpa.org.uk/web/HPAwebFile/HPAweb_C/1279888711402

Upper Respiratory Tract Infections

ACUTE SORE THROAT

Adults and children over 12 years:

FIRST LINE	
Penicillin V Tablets 250mg	Take TWO tablets FOUR times a day for 10 days
Penicillin V Tablets 250mg	Take TWO tablets FOUR times a day for 7 days
PENICILLIN ALLERGY	
Clarithromycin Tablets 250mg	Give ONE tablet TWICE a day for 5 days
Clarithromycin Tablets 500mg	Take ONE tablet TWICE a day for 5 days
Erythromycin Tablets 250mg	Give ONE tablet FOUR times a day for 5 days
Erythromycin Tablets 250mg	Take TWO tablets FOUR times a day for 5 days

Children under 12 years:

FIRST LINE	
Penicillin V Solution 125mg/5ml Up to 6 years	Giveml FOUR times a day for 10 days
Penicillin V Solution 250mg/5ml 6-12 years	Give 5ml FOUR times a day for 10 days
Penicillin V Tablets 250mg 6-12 years	Give ONE tablet FOUR times a day for 10 days
PENICILLIN ALLERGY	
Clarithromycin Suspension 125mg/5ml	Giveml TWICE a day for 5 days
Erythromycin Suspension S/F 125mg/5ml Under 2 years	Give 5ml FOUR times a day for 5 days
Erythromycin Suspension S/F 250mg/5ml Over 2 years	Give 5ml FOUR times a day for 5 days
Erythromycin Tablets 250mg	Give ONE tablet FOUR times a day for 5 days