

Ideal Body Weight Tables

These tables can be used to estimate a patient's ideal body weight and to calculate gentamicin dosing weight in patients classed as obese (>20% over Ideal body weight) when using the Hartford policy.

Females

Height Feet	5'	5'1"	5'2"	5'3"	5'4"	5'5"	5'6"	5'7"	5'8"	5'9"	5'10"	5'11"	6'	6'1"	6'2"	6'3"	6'4"
Height Inches	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76
Height cm	152	155	157	160	163	165	168	170	173	175	178	180	183	185	188	190	193
IBW kg	45.5	47.8	50.1	52.4	54.7	57	59.3	61.6	63.9	66.2	68.5	70.8	73.1	75.4	77.7	80	82.3

Males

Height Feet	5'	5'1"	5'2"	5'3"	5'4"	5'5"	5'6"	5'7"	5'8"	5'9"	5'10"	5'11"	6'	6'1"	6'2"	6'3"	6'4"
Height Inches	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76
Height cm	152	155	157	160	163	165	168	170	173	175	178	180	183	185	188	190	193
IBW kg	50	52.3	54.6	56.9	59.2	61.5	63.8	66.1	68.4	70.7	73	75.3	77.6	79.9	82.2	84.5	86.8